



# texan tales

LONE STAR TEXANS' MONTHLY NEWSLETTER

OCTOBER 2004

Steve Hurst - Principal ♦ Jennifer Price - Vice Principal  
Reta Reed, LSE PTA President - [www.lsepta.org](http://www.lsepta.org)

## President's Message!

**ARE YOU READY TO ROCK?** Rock around the clock that is! The **LSE PTA Sock Hop** is just around the corner. If you don't have your ticket yet, there is still time! Become a PTA member and get your Family Pass in advance. You may purchase tickets at the door for \$6 (without a PTA membership), or join PTA (also \$6) and admission is free. The Sock Hop is a wonderful occasion each year, with lots of goodies, dancing, and activities. The **Dodge Fun Drive** will also be going on during the Sock Hop. If you have a valid driver's license and are 18 or older, you can test drive the Dodge vehicles available. For each test drive, **Dodge will donate \$5** to LSE PTA! Please join me in thanking Kandy Rose and her hardworking committee for organizing this event.

The Keller Council of PTAs is sponsoring the **Casey's Kids Fun Run** on October 23. Last year the 5K Fun Run generated approximately \$7,200 before expenses. With this money, as well as money from other donations, 275 students received \$125 gift cards to Kohl's. These students went shopping with parent volunteers to purchase basic school clothing (make-up and fancy pajamas were not considered basic school clothing). It was estimated that there were over 1,600 students in our district who benefitted from this program. Lone Star does not have a designated representative yet. If you would like to volunteer to assist with this program, please contact Scher Beltz, our Volunteer chairperson, at [scher.beltz@pharma.novartis.com](mailto:scher.beltz@pharma.novartis.com), or Deana Heggen, Keller Council Youth Protection chairperson, at [deana.heggen@verizon.net](mailto:deana.heggen@verizon.net). Get more information at the Keller Council of PTAs website at <http://www.myschoolonline.com/site/0,1876,48413-175604-51-77455,00.html>.

**Red Ribbon Week** is October 25-29. What is Red Ribbon Week? "It is a time for gratitude for all the lives that remain drug free. It is a time to pledge

to live a safe and drug-free life. It is a time to remember those we have lost in the fight against drugs." Along with pledging to be **DRUG FREE**, there are also fun activities planned during the week. Thanks to Daphne Lee and her committee for all your creativity and hard work!

Don't forget the **General Assembly meeting** on October 18 at 6:30pm in the LSE library. The 3rd Grade Performance starts at 7pm in the cafetorium. If you are a PTA member and would like to attend the PTA meeting, but also want to see the performance, have we got a deal for you! Pick up your "Reserved Seat" placard and place it on your chair in the cafetorium. Attend the PTA meeting in the library, then return to your reserved seat in the cafetorium. (Return your "Reserved Seat" placard). Every effort will be made to keep the PTA meeting short so you won't miss a minute of the show!

Special thanks to all **LSE PTA Executive Board members** for all that you do! I hope everyone has a safe, memorable, enjoyable, exceptional, and **extraordinary** Fall Break!



### HOW THE TALES BEGIN...



Presidents Message	Page 1
<b>Counselor's Corner</b>	<b>Page 2</b>
Event's Calendar	Page 2
School Activities/Events	Page 3
<b>Parenting Information</b>	<b>Page 4</b>
<b>Parent Involvement Opportunities</b>	<b>Page 5</b>
Chairman Notes	Page 6
<b>LSE After Dark II Application</b>	<b>Page 7-9</b>
<b>Parent Education Program</b>	<b>Page 10</b>
Board/Website	Page 11
Classified Ads	Page 11

# Counselor's Corner

*Judy Martin/LSE Counselor*

The Lone Star Character Education focus for the month of September has been RESPONSIBILITY. All the morning announcements and guidance lessons have carried this theme. Hopefully this has sparked some table discussion, for the children have actively shared some of the responsibilities they perform as a contributing member of your family.

I've learned that children as young as kindergarten often help take care of younger siblings and pets, help clean the house, take out the trash, help in the yard, and even wake up older brothers who oversleep in the morning! We discussed at length that taking the initiative to do their chores without being told, is the true test of RESPONSIBILITY. We also visited about not having to be told more than one time and doing chores cheerfully as two sure-fire ways to determine whether they are actually taking responsibility to heart. We further stressed that parents who truly love their children give them chores and responsibilities to help them grow up to be successful adults.

Another perspective we shared was "owning up to their mistakes" and taking responsibility for their actions. They were surprisingly candid about how not heeding this principle can lead to a much worse problem called "dishonesty". Many of them spoke from personal experience as to how this can make the problem even worse. We went on to list responsibilities here at school, in the halls, the classrooms, the playground, and at lunch. Its evident that they understand that RESPONSIBILITY is a character essential both at home and in their community. Certainly, the correlation between a positive self-image and appropriate responsibilities is tremendously high. Self-esteem is built through children being given age-appropriate, success-oriented tasks to develop problem solving, coping, and self-discipline skills on their own. Without RESPONSIBILITY, these critical performance components would have no opportunity to grow.

## Upcoming Events/Calendar!

- 9/30-10/1 Parent/Teacher Conferences  
Early Dismissal, 1:30pm
- 10/4-10/8 FALL BREAK!
- 10/11 PTA Executive Board Meeting, 6:45pm
- 10/15 **PTA Sponsored Sock Hop**  
Report Cards
- 10/18 PTA General Assembly Meeting, 6:30pm  
Parent Education Program, Drop the Remote  
and Nobody Gets Hurt" follows.  
3rd Grade Performance, 7:20am
- 10/23 Casey's Kids Fun Run
- 10/25 KISD Board Meeting, 7:30pm, Admin Bldg
- 10/25-29 Red Ribbon Week



# School Activities/Events Information!

## Reflections Program

*Stephanie Burton/Art Enrichment*

Sponsored by PTA's Arts in Education The goal of the Reflections Program is participation, not winning. Although the program follows a contest format, winning is not the emphasis. All children have the ability to create a work of art through the visual arts, photography, literature and music fields. This program allows for them to have a chance to experiment and feel good about their artistic expression.

### Grade Levels

Primary: Preschool-2nd;  
Intermediate: 3rd-5th grade;  
Middle/Junior: 6th-8th grade;  
Senior: 9th-12th grade;  
Special Education: All grades.

### Theme

A Different Kind of Hero

### Categories

Literature ~ Music ~ Photography ~ Visual Arts  
Students may submit more than one entry in any or all of the four art areas.

Students can create their entries at home, in the classroom, or as part of a school cooperative effort with the PTA program.

### Originality Clause

All entries must be the original design and artwork of one student; parents, friends and teachers must not assist the student. The student and parent/legal guardian must sign the affirmation/permission slip on the official entry form.

For details, please contact 1-800 TALK PTA or Stephanie Burton, Arts in Education Representative at 817/744.5200.

## Destination ImagiNation!

*Dayna Cox/Academic Enrichment*

DI is Coming to Lone Star! Destination ImagiNation is an extracurricular program that expands imaginations through team-based creative problem solving for students in kindergarten through college.

The goal is to cultivate the creative problem solving process and make it an unconscious part of student's everyday lives. Teams participate in both the Team Challenge and Instant Challenge of the competition. A maximum of seven students may be placed on an age appropriate team and at least one parent volunteer is also necessary to be the Team Manager.

The number of teams will be limited only by the number of adults who are willing to be Team Managers. Look for registration forms coming home in your child's folder. Completed registration forms are due to the school office by Monday, October 11th.



## Boxtops 4 Education Blastoff Contest Update!

The Contest is through October 15, 2004. Additional game pieces and instructions are now available for download off our website at: [www.isepta.org](http://www.isepta.org).

# Parenting information!

## OCTOBER IS

### BREAST CANCER AWARENESS MONTH!

The third Friday of October each year is Breast Cancer Awareness Month. This year that falls on October 15. Radiologists around the country are providing discounted, or free, screening mammograms. To find out where in your area, call any of these numbers:

The American Cancer Society, 1/800.227.2345, The National Cancer Institute, 1/800.4.CANCER, or Y-ME National Breast Cancer Organization, 1/800.221.2141.

Since this is an elementary PTA school newsletter, I will not be getting into a lot of detail. But, by the end of the article, you will have some solid information, statistics, and access to any and all of the info you could ever need!

Did you know...

- ♦ The majority of women that get breast cancer (80-90%), have NO known risk factors.
- ♦ When breast cancer is treated early, greater than 95% have greater than a five year survival rate?  
EARLY DETECTION IS THE KEY!

- ♦ Breast cancer is the most common form of cancer to affect women.

From birth to age 39, the odds are 1 in 231

From 40-59, the odds are 1 in 25

From age 60-79, the odds are 1 in 15!

What can you do?

- ♦ Do a monthly self-breast exam. Go to [www.breastcancer.org](http://www.breastcancer.org) to view the five steps of a self-breast exam, and also to get any support information you may need.
- ♦ Go to your OB/GYN yearly for a full exam.  
If you are >40, or at high risk for breast cancer, have an annual mammogram.
- ♦ Lead a healthy lifestyle. Eat right, exercise, quit smoking, and limit alcohol intake. Doing this will decrease your risk of getting breast cancer.

Go to [www.komen.org](http://www.komen.org) to take the Komen Breast Health Net Quiz. You'll find out some interesting information.

REMEMBER...Early detection is crucial. If you have ANY questions or concerns, call your MD. Don't wait. It's just not worth it.

Information obtained from: [www.komen.org](http://www.komen.org), [www.nbcam.org](http://www.nbcam.org), and [www.breastcancer.org](http://www.breastcancer.org).

### JOKE OF THE MONTH:

Patient to the optometrist:

I'm very worried about the outcome of this operation, doctor. What are the chances?

Optometrist to the patient:

Don't worry, you won't be able to see the difference.

# Parent Involvement Opportunities!

## What's Up with Lone Star After Dark

Sherry Simon/4th VP

Wow...What a successful first session.

We had some 125 students sign up for various classes.

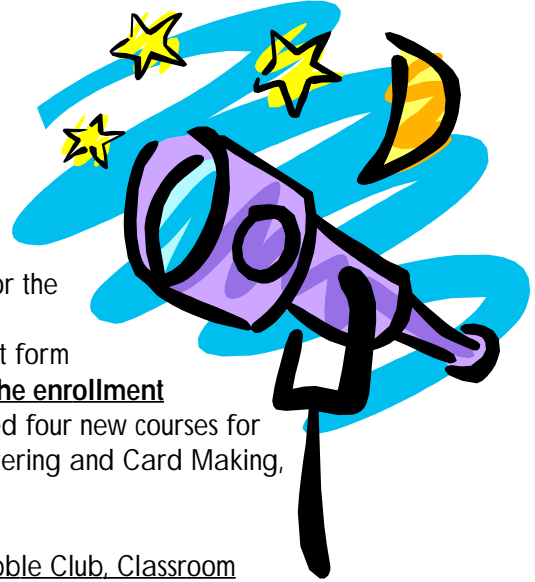
The kids have reported that they had a blast and cannot wait for the second session.

The second session has been planned and the enrollment form and course descriptions have been included in this newsletter. **The enrollment deadline for the second session is October 22.** We have added four new courses for kids: Pinewood Derby Car Workshop, Cheer Class, Creative Lettering and Card Making, and Holiday Crafts.

More exciting is the new classes added for you, PARENTS: Scrabble Club, Classroom Volunteering, and Tai Chi. We have also extended the class time for the Chess Club and Homework Club to 6:45pm instead of 6:30pm as the kids did not have enough time to play chess. This also pushes our start time of the second set of course times to 6:45pm with LSE After Dark now ending at 7:45pm.

We look forward to another exciting session of LSE After Dark. Please remember that classes fill up quickly and enrollment into classes is based on first come first serve. We continue to look for new and innovative classes. Please feel free to contact me with your class idea or potential instructor. The success of this program is depended upon the whole of our school community.

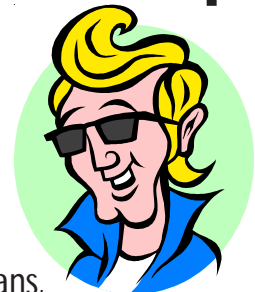
Email: [ssimonokc@aol.com](mailto:ssimonokc@aol.com)



# Annual Sock Hop



**Friday, October 15, 2004**  
7pm-9pm - Gymnasium/Cafetorium



Pull out the poodle skirts, roll up the jeans,  
and slick back your hair.

Come out and enjoy the DJ, Soda Shop, Sheridans,  
games, and much, much more.



**Fourth Graders will be holding a silent auction  
to raise money for their Sky Creek Ranch trip.**



## cHAIR nOTES!

### Dining Night Out Update

*Alison McKee/Dining Night Out*

Wow, our first dining night out at McDonald's on Denton Highway was a huge success. McDonald's donated \$487.24 to the PTA, which represented 15% of the total sales (\$3248.26). We also made \$148.17 in tips bringing the grand total to **\$635.41.**

I would like to say a huge thank you to all the staff and PTA members who volunteered their time to help in the lobby and behind the counter: Mr. Hurst, Mrs. Price, Mrs. McCorkle, Mrs. Smith, Mrs. Sanchez, Mrs. Nelson, Mrs. Sarvis, Ms. Helms, Mrs. Hargett, Mrs. Morris, Mrs. Odom, Mrs. Schulz, Mrs. Baxter, Mrs. Wilson, Mrs. Cooper, Mrs. Hammer and Mrs. Buntyn. You were awesome!! A special thanks to Mrs. Kniffen and her son, Daniel, for braving the hot weather and wearing the Hamburgler costume to advertise the school night.

Mrs. Williams 1<sup>st</sup> grade class won the attendance party and McDonald's has already delivered their goody bags.

Information regarding the next Dining Night Out will be in your child's folder. Thank you all for supporting Lone Star PTA.

**October 22, 2004**  
All information for the November Texan Tales is due on October 22.

### Yearbook Update

*Allison Schlein- yearbook Chairperson*  
Get Ready! Get Set!

We're off! Our Yearbook theme this year is "Going for the Gold!"

In the coming weeks watch for information coming home and around school for details on our yearbook cover contest and how to pre-order your yearbook.

We will have a special section devoted to our graduating fourth graders this year. Details to be announced soon!

Yearbook Pre-sale will begin the week of October 11-25. If anyone has pictures from last years field day, please send give them to your teacher in an envelope marked yearbook 2004-2005. There will be a section in the book for our school events so get your cameras ready and send in your photos. See you in the pictures...



**SATURDAY, OCTOBER 30, 2004**  
**6:00 P.M. - 8:00 P.M.**  
**GREEN VALLEY PARK**  
**7701 SMITHFIELD ROAD**

Join us for a ghoulishly good time at this year's Hoot n' Howl event! Your family is sure to find fun with live entertainment by the Recreation Center Dance Troupe, carnival games, a bounce house, a spooktacular storyteller and a fun marionette show - *Halloween Hijinx*. Don't forget to wear your best costume for a chance to win fun prizes in our secret shopper costume contest. Bring the family out for this safe, fun and FREE event!



(This event was formerly known as Boo Bash at North Hills Mall)  
For more information, please call 817-427-6600.

Sponsored by:

**NRH**  
www.nrhtx.com  
817.427.6600

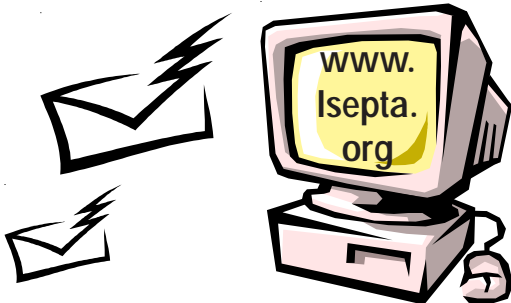
## EXECUTIVE BOARD

President	Reta Reed
1st VP	Rick Simon
2nd VP	Judy Buchholz
3rd VP	Michelle Hartman
4th VP	Sherry Simon
Treasurer	Jennifer Hammer
Secretary	Wendy Jackson
Parliamentary	Lisa Neilson
Historian	Lisa Burdick

## STANDING COMMITTEES

Academic Enrichment	Dayna Cox
Arts in Education	Stephanie Burton
Arts in Education	Melissa Johnson
Banking	Deanna Arneson
Box Tops/Labels	Dara Buntyn
Carnival	Leslie Thomason
Carnival	Cynthia Day Thomas
Dining Out Nights	Alison McKee
Environmental	Laura Gallagher
Faculty Liaison	Sheila Brozek
Field Day	Kandy Rose
Fundraising	Rhonda Brown
Health	Wendy Jackson
Hospitality/Childcare	Kerri Cooper
Legislative	Jeff Reed
Library/Media	Teri Brooke
Newsletter/Handbook	Teddi R. Zonker-Visser
Parent Education	Cheri Baxter
Room Representative	Jasmine Sellars
Safety	Joe Gallagher
School Store	Linda Chancellor
School Supplies	Dara Buntyn
Sock Hop	Kandy Rose
Special Projects	Daphne Lee
Sponsor/Donations	Britney Lowe-Vineyard
Staff Appreciation	Georgia Fleming
Volunteers	Scher Beltz
Website/Publicity	Shae Bailey
Yearbook	Allison Schein

To contact members via email  
please log on to the LSE PTA website!



# CLASSIFIEDS!

**MASSAGE!** Teachers, PTA members, LSE PARENTS! - Receive 10% OFF all services! Registered massage therapists, Sandy Woehrle and Naomi McDonald, located CLOSE to home at the North Richland Hills Recreation Center. **MENTION THIS AD FOR A SUPER SPECIAL - 1-1/2 hrs for \$60!** Regular price, \$90! Reflexology, Polarity, Reiki, Hot Stone Therapy, Pregnancy Massage, Raindrop Therapy, Crystal/Gem Reiki and Aromatherapy Massage! For details, please call Teddi R. Zonker-Visser for details, 817/427.6600. Telephone payment accepted/gift certificates may be sent to you at LSE! [www.nrhtx.com](http://www.nrhtx.com).

**Southern Living At Home.** From the publishers of Southern Living magazine, we offer beautiful products and ideas to make your house a home. Host a party and earn free and ½-priced items. Join my team and earn extra money for Christmas, vacations, a new car or to be an **income-earning STAY-AT-HOME Mom**; the possibilities are endless! Book a party now and I will give you \$30 in FREE products just for being a Hostess. Misty Monroe, 817-581-8886, [mistysathome@sbcglobal.net](mailto:mistysathome@sbcglobal.net).

Local **PIANO CLASSES** now registering. Please call Jill at 817/605.3088. All ages welcome!

**Tooth Tree!** Has your child lost any teeth this school year? Just drop a note to Wendy Jackson/Health at [bubbaboobah@hotmail.com](mailto:bubbaboobah@hotmail.com) with the child's name and how many teeth lost, and a tooth will be placed on the "tooth tree" with their name on it! They also get a star for each tooth lost!

Talented and passionate individuals with interesting hobbies and/or talents to be instructors in our LSE After Dark program. Volunteers are also desired to assist instructors during class time-Adults or High School students are welcome. Please contact me ASAP with your recommendations and your desire to volunteer. Thank You! Sherry Simon, LSE After Dark Program Coordinator, [ssimonkc@aol.com](mailto:ssimonkc@aol.com), 817/849.8961.

If you are buying or selling a home, Call Barbara Corke with **Better Homes Realty Group** at 817/825.6097. Friendly and Free market analysis with no obligation!

**Special Fund-Raising Program for Lone Star/PTA!** If you or anyone you know purchases a home and obtains a mortgage through TRISTAR MORTGAGE GROUP, Tristar will donate \$200 to a non-profit organization of the client's choice. In addition, by using Tristar Mortgage and an In-House Agent from Metrostar Realty, you can receive up to 1% cash back at closing\*. Please call Britney at 817/300.4641 to get started raising money for our schools today! Tristar Mortgage Group, 425 Keller Parkway, Keller, TX 76248. 817/379.4203. TX MB #2869. \* Some restrictions may apply.

**Piano for sale!** Kholer & Campbell, great condition, \$800 or OBO, call Daphne at 817/428.1937.

Let our Classified Section work for you!  
For details please contact Teddi R. Zonker-Visser at  
817/750.5537 or [trzonker@hotmail.com](mailto:trzonker@hotmail.com).