



# texan tales

L N E S T R T X A N S ' M O N T H L Y E W S L E T T E R

NOVEMBER 2004

Steve Hurst - Principal ♦ Jennifer Price - Vice Principal  
Reta Reed, LSE PTA President - www.lsepta.org

## President's Message!

### Reta Reed/LSE PTA President

I hope everyone had a wonderful fall break. It sure is hard to switch gears back to school and work, but we had lots of activities to motivate us!

The Sock Hop was a hit once again. Everyone looked "nifty" in their 50s attire. Unfortunately, Elvis was not in the building — he got lost! I was so ready to hear the "live" version of *Blue Suede Shoes*. Things were certainly hopping in the cafeteria. Cotton candy, sno cones, popcorn, Sheridan's Frozen Custard, and root beer floats filled many tummies and no doubt resulted in some more-than-energetic kids. At least they got to use some of that energy rockin' their socks off to the hits provided by Dance, Dance, Dance. Please join me in thanking **Kandy Rose** and all her committee members and volunteers who made this year's Sock Hop a great success!



We all pledged to stay drug free and had fun participating in the **Red Ribbon Week** Activities. All those red ribbons were an **AWESOME** sight! An excellent spaghetti dinner topped off the week. Yum! Thanks to **Daphne Lee** and her committee who planned and organized such a fun week. Thanks also to **Sherry Simon** and her crew of cooks who made the spaghetti dinner so scrumptious!

Our second General Assembly meeting was held in the library October 18. Remember, when General Assembly meeting nights coincide with a student

performance, the meeting will be held in the library. This change was implemented so that both events get the attention they deserve and so it is still convenient for PTA members to attend BOTH!

**Cheri Baxter** has arranged several Parent Education programs, the first of which was presented at the October 18 meeting. Rhonda Bauman from the Texas PTA drove from Austin to present "Drop the Remote and Nobody Gets Hurt." I regret that many of you missed this fantastic presentation. We will step up our efforts to make sure everyone is notified of the next Parent Education program, currently scheduled for November 15 - "Lifestyles of the Young and Healthy." Please make an effort to attend this program. Everyone is invited!

Now we look forward to another fall break and Thanksgiving! Woo Hoo!! Your PTA wishes you a safe, happy and healthy holiday. We are thankful for our many dedicated **volunteers!**

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## School Activities/Events Information!



LSE families at the 4th Annual Sock Hop  
Friday, October 15, 2004

### National Grandparents Day Art Contest Winners Recognized!

- ◆ Life Skill: Ryan Retan
  - ◆ Kindergarten: Felicia May, Julia Cheng
  - ◆ First Grade: William Thomas, Hannah Smith
  - ◆ Second Grade: Noah Brooke, Summer Tate
  - ◆ Third grade: Hope Smith, Kade Suratt
  - ◆ Fourth grade: Catelynn Chapman, Alex Ramirez
- The awards ceremony was in the LSE library on  
September 13, 2004 at the Grandparent Breakfast.

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## Por traits...

*are a gift you give yourself, your children,  
and generations to come  
and they grow more precious as time goes by.*

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**M.O.M.'s Photography - 817.281.6855 - 817.750.8463**

# CHAIR nOTES!

## ALL ABOUT THE FEVER!

What is fever? Fever is your FRIEND! Fever is the body's defense against infection. A temperature is considered a fever when it is **greater than 100.0 F**. Unless your child's fever is  $>102.0$  F, don't run and give Tylenol or Motrin. Try to let the fever fight whatever infection your child may have. Children tend to feel mildly crabby to pretty miserable with fever. Still try to give only Tylenol or Motrin. Try one or the other first, giving it per the bottle's directions. If the fever is still greater than or equal to 104.0 F, you can alternate between the two. For example, give Motrin at noon, Tylenol at 4 pm, Motrin at 8 pm, Tylenol at midnight and so on. If every four hours doesn't work, then you can give the doses every three hours. For example Motrin at noon, Tylenol at 3 pm, Motrin at 6 pm, Tylenol at 9 pm and so on. Every three hours is the absolute closest that you can safely give the alternating doses. Never, never any closer than every three hours. **Alternate only if you are fighting a fever greater than or equal to 104.0 F**. Try every 4 hours first, then move to every 3 hours only if you are not getting the fever down some. Ultimately, remember that fever is your FRIEND. Low grade fevers are okay. You basically want to keep your child comfortable, and let the fever help them fight the infection.

More tidbits:

- ◆ During fevers, offer lots of fluids. With fevers, children sweat, therefore losing fluid.
- ◆ Rest, rest, rest.
- ◆ Take temperatures rectally in infants. Tympanic temperatures are not accurate under the age of 6 months.
- ◆ Do not overdress - this will raise the body temperature. The converse is true...too little clothing causes children to shiver, therefore producing more heat. Dress lightly.
- ◆ If the fever is greater than 104.0 F, and not responding to medicine, you can sponge your child with tepid water. NEVER cold/cool water. Dropping the body temperature too quickly is VERY dangerous. Sponge the hot spots of the body like the head, neck, armpits and groin areas.
- ◆ Call your MD immediately if your child is  $< 3$  months of age, or has a fever  $>105.0$  F.
- ◆ General rule is to call your MD if your child has fever  $> 24$  hours without an obvious cause, or has fever greater than three days with symptoms.

REMEMBER...a temperature is a fever when greater than 100.0 F...treat when greater than 102.0 F...and most importantly FEVER IS YOUR FRIEND!! Information obtained from: webmd.com, emedicine.com, and kidshealth.org.

JOKE OF THE MONTH: Doctor: Did you know that there are more than 200 bones in the human body? Patient: SHHH, doctor! My dog's outside in the waiting room!

## PTA Fundraising Survey

In order to serve our parents better, please fill out this questioner and return it to school. Remember that your answers should reflect the PTA fall catalog sale from **Kathryn Beich**.

(Please rank each item 4-1. (4=Excellent/Good/Fair/1=Poor).

Wide Variety of products	4	3	2	1
Quality of products	4	3	2	1
Delivery process	4	3	2	1
Accuracy of orders	4	3	2	1
Customer service (if contacted)	4	3	2	1

What kind of fundraiser would you like to see in the future?

Tell us about what was great and what wasn't so great...

# Kidzone



This section of the newsletter will reveal many wonderful things from LSE students! If you have any ideas or submissions for this section, please send them to  
Teddi R. Zonker-Visser, c/o KID ZONE!

## Ms. Helms's First Grade Class is Thankful for a LOT!

**Tiffany Athanasia:** I'm thankful for my dad.

**Kayla Byers:** I'm thankful for my mom and my dad.

**Nicholas Castillo:** I'm thankful for my bean bag that my mom gave me.

**Jae Hun Choi:** I'm thankful for school.

**Christian Fuentes:** I'm thankful for my pet dog.

**Jake Gifford:** I'm thankful for my family.

**Tyler Goke:** I'm thankful for my toys.

**Tommy Hoang:** I'm thankful for school.

**Megan Hooper:** I'm thankful for my money.

**Nicholas Mahady:** I'm thankful for my toys.

**Austin Niemeyer:** I'm thankful for my little brother and my snake.

**Mackenzie Pawley:** I'm thankful for my red and white blanket because it helps me go to sleep.

**Ukiah Pressley:** I'm thankful for my sisters.

**Austin Schneider:** I'm thankful for my brother and my mom and my dad.

**Hannah Smith:** I'm thankful for my puppy.

**Kolton Tennison:** I'm thankful for books.

**Jakob Wempa:** I'm thankful for the friends that God has given me.

# Go for the GOLD!

Allison Schlein/Yearbook

The yearbook cover contest- "Going for the Gold" has begun.

Please submit your entry on whitepaper, 10-1/2"x8" in pencil by Friday November 5, 2004.

Prizes will be awarded for 1st, 2nd, and 3rd place.

**Attention all 4th graders! Please bring in a picture of yourself from when you were in kindergarten to be used in the yearbook.**

If anyone has photos of school events, grade performances, and classroom activities and you would like to share these for the yearbook please send them to me in an envelope marked yearbook.

Don't forget to order a yearbook. The memories will last a lifetime!

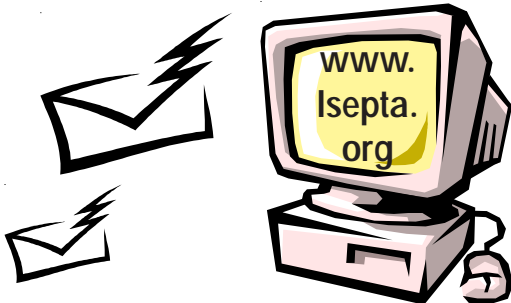
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## STANDING COMMITTEES

Academic Enrichment	Dayna Cox
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Arts in Education	Melissa Johnson
Banking	Deanna Arneson
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Carnival	Cynthia Day Thomas
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Newsletter/Handbook	Teddi R. Zonker-Visser
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Room Representative	Jasmine Sellars
Safety	Joe Gallagher
School Store	Linda Chancellor
School Supplies	Dara Buntyn
Sock Hop	Kandy Rose
Special Projects	Daphne Lee
Sponsor/Donations	Britney Lowe-Vineyard
Staff Appreciation	Georgia Fleming
Volunteers	Scher Beltz
Website/Publicity	Shae Bailey
Yearbook	Allison Schein

To contact members via email  
please log on to the LSE PTA website!



# CLASSIFIEDS!

**Southern Living At Home.** From the publishers of Southern Living magazine, we offer beautiful products and ideas to make your house a home. Host a party and earn free and ½-priced items. Join my team and earn extra money for Christmas, vacations, a new car or to be an **income-earning STAY-AT-HOME Mom**; the possibilities are endless! Book a party now and I will give you \$30 in FREE products just for being a Hostess. Misty Monroe, 817-581-8886, [mistysathome@sbcglobal.net](mailto:mistysathome@sbcglobal.net).

**MASSAGE! Teachers, PTA members, LSE PARENTS! - Receive 10% OFF all services!** Registered massage therapists, Sandy Woehrle and Naomi McDonald, located CLOSE to home at the North Richland Hills Recreation Center. **MENTION THIS AD FOR A SUPER SPECIAL - 1-1/2 hrs for \$60!** Regular price, \$90! Reflexology, Polarity, Reiki, Hot Stone Therapy, Pregnancy Massage, Raindrop Therapy, Crystal/Gem Reiki and Aromatherapy Massage! For details, please call Teddi R. Zonker-Visser for details, 817/427.6600. Telephone payment accepted/gift certificates may be sent to you at LSE! [www.nrhtx.com](http://www.nrhtx.com).

Local **PIANO CLASSES** now registering. Please call Jill at 817/605.3088. All ages welcome!

**Tooth Tree!** Has your child lost any teeth this school year? Just drop a note to Wendy Jackson/Health at [bubbaboobah@hotmail.com](mailto:bubbaboobah@hotmail.com) with the child's name and how many teeth lost, and a tooth will be placed on the "tooth tree" with their name on it! They also get a star for each tooth lost!

Talented and passionate individuals with interesting hobbies and/or talents to be instructors in our LSE After Dark program. Volunteers are also desired to assist instructors during class time-Adults or High School students are welcome. Please contact me ASAP with your recommendations and your desire to volunteer. Thank You! Sherry Simon, LSE After Dark Program Coordinator, [ssimonokc@aol.com](mailto:ssimonokc@aol.com), 817/849.8961.

If you are buying or selling a home, Call Barbara Corke with **Better Homes Realty Group** at 817/825.6097. Friendly and Free market analysis with no obligation!

**Special Fund-Raising Program for Lone Star/PTA!** If you or anyone you know purchases a home and obtains a mortgage through TRISTAR MORTGAGE GROUP, Tristar will donate \$200 to a non-profit organization of the client's choice. In addition, by using Tristar Mortgage and an In-House Agent from Metrostar Realty, you can receive up to 1% cash back at closing\*. Please call Britney at 817/300.4641 to get started raising money for our schools today! Tristar Mortgage Group, 425 Keller Parkway, Keller, TX 76248. 817/379.4203. TX MB #2869. \* Some restrictions may apply.

Let our Classified Section work for you!  
For details please contact Teddi R. Zonker-Visser at  
817/750.5537 or [trzonker@hotmail.com](mailto:trzonker@hotmail.com).