



# Texan Tales

♦ LONE STAR TEXANS' MONTHLY NEWSLETTER ♦  
**FEBRUARY 2005**

Steve Hurst - Principal ♦ Jennifer Price - Vice Principal  
Reta Reed, LSE PTA President - [www.lsepta.org](http://www.lsepta.org)

## PRESIDENT'S MESSAGE

Much to do...Your PTA has been working hard to bring programs and activities to the students and parents of Lone Star. Currently in the works is the Spring Carnival. Cynthia Thomas and her team need volunteers to make this big event a successful one. See page 2 for more Carnival information.

We hope you have enjoyed Lone Star After Dark, a new PTA program this year made up of 4 six-week sessions of 1-hour classes held each Thursday. Sherry Simon and her group are to be applauded for their hard work recruiting volunteers to teach classes, getting students signed up, and offering a wide variety of classes to

At the February 7, 2005 General Assembly meeting, members chose five Nominating Committee members and two alternates. This committee will be looking for candidates to run for the elected board positions for the 2005-2006 school year – President, 1st, 2nd, 3rd, and 4th Vice Presidents, Treasurer, and Secretary. Remember that many of the programs and events would not be possible without your dedicated PTA. So, when you see the form requesting volunteers to run for these offices, sign up!!

Last, but not least, don't forget to vote! The KISD Bond Package is up for vote again on March 5. Get informed and

- Early voting for KISD Bond Package February 16-March 1
- "I survived the TAKS Chick-fil-A night" also known as "After TAKS Chick-fil-A night," February 24
- Fourth Grade trip to Sky Ranch, March 2-4
- PTA-sponsored Spring Carnival, Saturday, March 5
- KISD Bond Vote, Saturday, March 5 (If you are a registered voter, go to <http://inet.tarrantcounty.com:8010/ElectionCGI/gac1fw1p> to find your precinct)
- PTA General Assembly Meeting and Family Fun Night, March 7

## Upcoming Events - 2005 Bond Information

On Dec. 21, 2004, the Keller ISD Board of Trustees voted unanimously to call a bond election for March 5, 2005 based on recommendations by the district's Citizens Bond Advisory Committee. A bond election on this date would be the last opportunity for Keller ISD to have permanent facilities in place for the 2006-2007 school year. The \$99.75 million package

would include revenues to address growth, safety, security and access, critical repairs and the construction of five new campuses. The vote came after the CBAC, comprised of 24 business and community leaders, presented its bond package to the Board on Dec. 13. At the Dec. 21 meeting, the Trustees unanimously adopted the CBAC's recommendation. Feel free to e-mail

## Bond Early Voting through March 1



### **Keller Education Center**

350 Keller Parkway, Keller, TX 76248

8am-4:30pm weekdays from February 16-25; Saturday, February 26 from 9am-3pm. Extended early voting: Monday, February 28 and Tuesday, March 1 from 8am-7pm.

### **Summerglen Public Library**

4205 Basswood Blvd., Fort Worth, TX 76137

8am-4:30pm weekdays, February 16-17, 21-24 and Saturday, February 26 from

## School Activities/Events - Dining Out Night Update

Alison McKee

Thanks to everyone who helped make the McDonald's School Night a great success. McDonald's donated \$359.37 which included \$83.34 in tips. Thanks to the staff who gave up their evening to work behind the counter: Mr. Hurst, Mrs. Price, Mrs. Smith, Mrs. Nelson, Mrs. Sanchez, Mrs. McCorkle, Mrs. Kniffin, Mrs. Stringer, Mrs. Neel, Mrs. Harmon, Mrs. Tandy, Mrs. Gurganis, Ms. Brozek, Ms. Zrubek, Mrs. Weeks, Mrs. Schulz, Mrs. Thomas. Great job! Also, please remember to thank Mrs. Fleming for being Hamburglar and making the pick up line a lot of fun. **The next event will be at Chick-fil-A on Thursday, February 24. Please look out for the information in your child's folder.**

## School Activities/Events - LSE 2<sup>nd</sup> Annual Carnival

Sherry Simon

PTA members, classroom volunteers, students and the school faculty are all very busy at Lone Star Elementary. Plans are being finalized and completed for the school's second annual carnival to take place on **Saturday, March 5, 2005, from 3pm-7pm** at the school. Lone Star Elementary PTA is again organizing this year's carnival.

"This will be the second carnival in the school's short five year history. New for this year's event is a gift basket drawings and a huge inflatable slide. This year like last, there will be numerous events occurring all at the same time," stated Cynthia Thomas, Lone Star Elementary PTA board member and Carnival Chairperson. Simultaneously occurring events include: carnival games, gift

basket drawings, vendor fair, prize redemption center, and concession areas. "We know that this event is the biggest PTA and school event of the year for Lone Star Elementary. The students can hardly wait for all the fun," noted Reta Reed, Lone Star Elementary PTA President. Concession and game tickets will be available for purchase prior to the event and at the door. Actual carnival activities scheduled for the day include a book-walk, indoor carnival games, outdoor carnival games, bounce houses, face painting, karaoke, and balloon animals, the specialty of Lone Star Elementary Principal, Steve Hurst.

"The planning team is still accepting vendors for the vendor fair; accepting donations from local vendors for prizes, food concessions, gift basket items, etc.; and encouraging the whole

community to come out and support the school", said Jennifer Hammer, Lone Star Elementary PTA Treasurer and Carnival Volunteer Coordinator. Anyone wishing to make a donation, wanting to be a vendor at the carnival vendor mall, or to simply volunteer at the festivities can contact Lone Star Elementary PTA by going to the organization's website at [www.lsepta.org](http://www.lsepta.org).

The proceeds of this event will benefit the Lone Star Elementary PTA to fulfill two of their goals for the year: to continue to purchase playground awnings for the school's playground areas and to rent bounce houses for the year end classroom parties. The whole community is encouraged and invited to attend this very fun family-centered event.

# Parenting - The Flu is Here!

Wendy Jackson

Do to the late arrival of the flu, I thought I'd run this article again. Remember, if your child gets sick fast. Meaning they get a high fever and feel really bad, go to the MD. Medication for the flu is only prescribed very early on. So, in light of that...

**The flu is a severe viral infection of the respiratory tract.** It shows no prejudice.

There is no link to race or sex, although children are 2-3 times more likely to get the flu. Peak flu season runs from November to April. Immunizations are available, but they should have been given back in September or October to be effective. Those that are in good health that do not really need to get the vaccine.

**Those in the health profession, children 6-23 months old, people over 62 years of age, anyone with major medical health problems, and everybody living with this group of people, should get the vaccine. If your child is under 9 years of age, and has not ever received the vaccine, they should get 2.** The second shot should be administered one month after the first.

Even if the second shot is not available, get the first. There is still some benefit. Those that receive the vaccine, have a 70-90% chance of avoiding the flu.

The symptoms of the flu first appear about 2-3 days after exposure. These symptoms include: **high fever/chills, headache and fatigue. Later the symptoms turn more respiratory. Runny nose with congestion, sore throat, a non-productive cough and pink-eye type symptoms.** These symptoms can last 5 days to weeks. If you can catch the symptoms early enough (some sources say up to the 72 hour mark), you can be given an **anti-viral medication.** Each physician feels differently about the time frame on

prescribing this medicine. **This medicine can not kill the virus, but it can stop the replication, therefore decreasing the length of the illness. Treatment otherwise would be decongestants, cough medicines and Tylenol or Motrin.** And of course, **REST, REST, REST, and drink plenty of fluids. Some flu have diarrhea and vomiting as well.** It is very important to keep these children hydrated. Watch for signs of dehydration like no tears, sticky mouth, no urine and lethargy.

**If you have the flu, you are contagious as long as you have symptoms.** The flu is transmitted by airborne droplets and direct contact with other person's oral/nasal secretions. The flu virus can even live on smooth surfaces (like doorknobs) for an hour. So...**good hand washing, and not sharing drinks or utensils is the key.** Try having your child **cough into their inner elbow area.** This prevents them from coughing into their hand, then touching EVERYTHING!! As we know all kids do!

The flu season can be rough. So...if you think you have the flu, go to the MD. And, remember that **good hand washing is your best line of defense for so many illnesses.**

Information obtained from: emedicine.com, kidshealth.org, cincinnatichildrens.org, and pediatricsabout.com.

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## Joke of the Month:

Nurse: Doctor, there is a man in the waiting room with a glass eye named Brown.

Doctor: What does he call the other eye?

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**The Kindergarten children were asked to write "I Love..." Here are a few unique answers from each class...**

Mrs. Brashear's Class:

I love the Easter Bunny, By Landan

I love rocks, By Austin

I love the beach, By Shelby

I love ice cream, By Kirsten

I love fashion, By Emerson



Mrs. Baxter's Class:

I love horses, By Hayley

I love my friends, By John

I love Brooke, By Jacob

I love Abby my sister, By Emily

I love Spiderman, By Johnathan

I love playing on the computer, By Zachary

Mrs. Neel's Class:

I love my family, By Jade

I love Mexican food, By Ally

I love the playground, By Logan

I love my city, By Silas

I love Tacos, By Anthony C.

Mrs. Smith's Class:

I love pink, By Morgan

I love my friends, By Austin

I love birds, By Ashley

I love Dayton, By T.J.

I love my pillow, By Garrett